



MARYSVILLE NEWSLETTER

PRINCIPAL'S MESSAGE

Dear Marysville Families,

Welcome to the 2021-2022 school year. While many challenges remain, so many good things have already been accomplished. We are learning together everyday and students and teachers have adapted quickly to teaching and learning with masks and more space between us. Most importantly there is an abundance of joy in being together daily.

We have received a lot of feedback from you, and others about what is and is not working about our current system of school during COVID and the district is working with our MESD partners and others to maximize safety and learning. One key area of change is work to streamline and simplify the process for informing our school communities when there is a potential exposure onsite. New guidance will allow us to let the community know more quickly, with an initial letter from MESD while they are completing their contact tracing review.

The potential for exposure for our students is real and we take that seriously. The best way to minimize the risk is for all families to carefully follow the Oregon Health Authority Guidelines to keep students home when they are not feeling well and to quarantine students who have been exposed to someone with Covid. I know that it is hard to keep students home and away from the learning, especially if it seems they are not really sick or if you are just waiting to find out if they have been exposed. To help with that we have a quarantine instruction plan, to provide online work, paper packets and google meet check ins with a Marysville teacher. This plan will be shared with the family of any student needing to stay home from school for more than two days.

It is essential that families let the school know if any one living in the household has a positive COVID Test. Also primary COVID symptoms and two or more secondary COVID symptoms require a negative COVID test, being symptom free for 24-48 hours depending on the symptom and a release from the nurse before they can return to school.

Working together through a lens of collective care, we can minimize the spread of Covid in our school and community. Please see the Chart posted on our Marysville School Website for more information about health and safety.

Thank you for your ongoing support and understanding. We can remain a strong community caring for each other.

Warmly,

Cathy Murray, Principal, she/her/hers

Serene Bertram, Assistant Principal, she/her/hers

COUNSELOR'S CORNER

Hello Families!

This month as part of our well-being Wednesday lessons, we will be focusing on bullying prevention, since October is [national bullying prevention month](#). Students will be reading a three series book called, "[Weird](#)" "[Tough](#)" and "[Dare](#)" to support their learning and awareness about bullying. In each book students will learn about being a bully, a bystander, and an upstander. It is important that all students have the skills and knowledge to navigate and stand up to bullying with the support of trusted adults. If you have any questions or would like extra resources for bullying prevention please reach out to me via e-mail or phone!

Warmly,

Leslie Rosenfield (she/her), School Counselor, NCC, Marysville Elementary , (503)-916-6363 ext. 78154



FROM THE HEALTH OFFICE

Hi Marysville Families,

As we are navigating this school year, I know that finding testing sites for preventative care or to return to school can be frustrating. Below are some different options if you are not able to reach out to your primary care provider.

1. **Multnomah County Testing Resources.** No walk-in or surveillance testing. Community sites use a rapid test that is most accurate within 7 days of the start of symptoms, or 3 - 5 days after being exposed to someone else. Call 503-988-8939 for an appointment at any of these sites or for more information.
2. **School Based Health Centers are accepting appointments for people ages 5-18 focusing on symptomatic/identified close contacts.** No out of pocket cost. Guardian consent is required for anyone under 14. Follow the locations and hours link to find the closest location and hours of each site. Here is when their weekly vaccine clinics are.
3. **For walk-in or appointments for rapid and PCR tests, curative.com may have a location/time convenient for you.**
4. **Brave Care.** If your child is anxious or hesitant to test, this may be worth exploring.
5. **For general testing information and a broader list of testing sites, check out Oregon Health Authority Testing Resources.**
6. **Quest Diagnostics and LabCorp also offer free, drive-up, PCR Covid-19 tests.**

<https://patient.questdiagnostics.com/no-cost-covid-test>

<https://www.labcorp.com/coronavirus-disease-covid-19/individuals>

As always, if you have questions about testing in schools, you can contact the building administration for additional information. Thank you for doing your part to keep our kids and families safe during this challenging time.

Vicky A, School Health Assistant
She/Her/Hers
vgenge@mesd.k12.or.us

FROM THE LIBRARY

October is Bully Prevention Month so we will be taking this opportunity to do some digital citizenship lessons about cyberbullying as well as how to be safe and responsible online. We will be using the Common Sense Media curriculum.

Students have started signing up for OBOB! Teams will be formed soon and the students should be reading the books! The battles will start in January.

-Ms. Tucker, she/her/hers, ctucker@pps.net or on Remind

SUN

Hi, this is Audrey Rozell, your Marysville SUN Site Manager. If you or someone you know is in need of assistance with turkey dinners for the holidays, clothing, food or bills, please let me know and I will assist you with any resources I may have. You can email me at arozelleimpactnw.org or text/call 503-544-3380. Hablo Español.

This month we are starting our fall SUN after school programming that will last for 8 weeks. Our next session will take place after winter break. Look for fliers in early December.

-Audrey Rozell, SUN Community School Site Manager

ONLINE LEARNING

If you have a student who has to stay home for more than 2 days due to illness or exposure, there is now an optional online learning hub from the district. [Click here to learn more.](#)

RENTAL ASSISTANCE

Hello Families,

You might know that Oregon's Eviction Moratorium ended on June 30, 2021. If you have experienced hardship due to COVID 19 and need assistance to pay your rent or utility bills you MAY be eligible for the Multnomah County Emergency Rent Assistance or Oregon Emergency Rental Assistance Program. Please let me know if you have any questions. Thank you.

Hang Jones (she/her/hers), School Social Worker
503-730-1945 (text works best)

FAMILY CLUB

On Monday, November 1st, [Atlas Pizza](#) on Foster will donate 20% of their sales to Marysville Family Club. Please mark this day and buy dinner from Atlas if you can! From our last Atlas Dine-Out, Family Club received over \$600! Family Club is meeting online on the third Monday evening of each month. [Please join](#) our next meeting on October 18th. School volunteers are needed to help during lunch and recess and on Picture Day on Tuesday, October 19. A background check and proof of vaccination [must be provided here](#) and the process can take several days. For more information about volunteering, please [email](#) Cathy Murray. A [movement](#) is underway to reform PPS School Funding and provide more funding to schools like Marysville. To help with this, please fill out this [survey](#) about your awareness of school funding.

TAG NOMINATIONS

Talented and Gifted (TAG) Nominations

It's that time of year! Parents who are interested in nominating their student for TAG can do so by visiting the [Marysville TAG page](#). Once there, under the Academics section you'll find electronic nomination forms in multiple languages. All TAG nominations are due by Dec.3rd. For more information or questions, please email Heather Robertson at hroberts@pps.net



October 2021 | ES/MS Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BBQ Pulled Pork 🍖 Chicken Filet Sandwich
4 Mozzarella Breadsticks 🌱 Popcorn Chicken	5 Orange Chicken with Brown Rice Hamburger Cheeseburger	6 Pancakes with Turkey Sausage and Potatoes with Berry Compote	7 Cheese Pizza 🌱 Pepperoni Pizza 🍖	8 No School Statewide Inservice
11 Cheesy Baked Potatoes with Chili 🌱 Popcorn Chicken	12 Turkey Hot Dog Hamburger Cheeseburger	13 Beans, Cheese and Rice Bowl with Tortilla Chips 🌱 Turkey Sandwich	14 Cheese Pizza 🌱 Pepperoni Pizza 🍖	15 Alaskan Pollock Chicken Filet Sandwich
18 Cheese Ravioli 🌱 Popcorn Chicken	19 Oven Baked Chicken with Mashed Potatoes Hamburger Cheeseburger	20 Yakisoba with Chicken or Vegetables 🌱 Turkey Ham and Cheese	21 Cheese Pizza 🌱 Pepperoni Pizza 🍖	22 Green Chile and Cheese Tamale 🌱 Chicken Filet Sandwich
25 Pasta with Marinara and Mozzarella 🌱 Popcorn Chicken	26 Teriyaki Chicken with Brown Rice Hamburger Cheeseburger	27 Homemade Cheese Lasagna 🌱	28 Cheese Pizza 🌱 Pepperoni Pizza 🍖	29 BBQ Pulled Pork 🍖 Chicken Filet Sandwich

🌱 Vegetarian option, may contain cheese &/or egg | 🍖 Pork | PB&J are served every day, yogurt and hummus are offered weekly 🌱

Lunch includes one entrée, milk and **unlimited fruits and vegetables**. Students **MUST** choose at least ½ cup of fruit or vegetable.

Menu is subject to change. This institution is an equal opportunity provider.